Easy Crochet Hair Scrunchie Pattern
Free Pattern Written by Jayda InStitches 2018 – Happy Crafting!

Materials
Yarn: acrylic or cotton; light, worsted or chunky weight (size 3, 4, or 5) in any colour, ~20 g
Hook: 4.25 mm / (G / 6) / UK 7 OR hook size best suited to yarn weight
Scissors, Yarn Needle, Measuring Tape, Sewing Elastic, Sewing Needle & Thread, 2 Safety Pins

Stitch Legend
r – row
st(s) – stitch(es)
ch(s) – chain(s)
sl st – slip stitch
hdc – half double crochet

Notes
- The number of stitches you should have at the end of each row should be the same throughout and should be 1 less than the number of chains in your foundation chain row

Pattern
Cut a length of sewing elastic approximately 15 cm (6 inches) for thinner hair, 20 cm (8 inches) for thicker hair.
Chain a foundation chain row that is approximately 5 cm (2 inches) longer than the length of your piece of elastic (add an extra 5 cm or 2” for thicker hair). Ch 1 more, turn
R1: hdc in the 2nd ch from the hook and in each across. Ch 1, turn
R2: hdc in each st across. Ch 1, turn
Repeat Row 2 until piece measures approximately 7.5 cm (3 inches) in height.
Fasten off and leave a very long tail (around 60 cm or 24”) for sewing. Weave in the short tail.

Assembly
- Thread up your long tail with your yarn needle
- Fold your fabric in half, length-wise, and sew through each set of stitches along edges to create seam
- Pin one end of your elastic to one end of your crochet tube
- Put a safety pin on the other end of your elastic and work it through the tube to the other end
- Carefully unpin the first end of the elastic and pin both ends of the elastic together while you thread your sewing needle
- Unpin and slightly overlap the two ends of the elastic and sew securely together
- Thread up remaining tail of yarn with yarn needle, pinch the two open edges of the tube together & sew around opening using small, close together stitches
- Knot off yarn and weave in end, trim any excess

Need some help with this pattern? Check out our tutorial on YouTube!
Just search “Jayda InStitches Hair Scrunchie” 😊

More Patterns, Tools, Tricks & Tips available at www.jaydainstitches.com